

Feta Cheese Salad

Serves 8

Complement to roast meats



Feta Cheese Salad

Ingredients

Salad:

- 100g Feta cheese
- ½ Iceberg lettuce sliced or broken up to small pieces
- ½ Cucumber de-seeded & diced
- ½ cup of red cabbage diced
- 3 tomatoes diced
- 1 red onion diced

- 1 carrot grated
- Small bunch of fresh mint chopped
- Small bunch parsley chopped
- 1 capsicum (optional)

Dressing:

- 2 Tbsp mustard
- 2 Tbsp lemon juice or a good vinegar
- 6 Tbsp oil
- 1 Tbsp honey (optional).

Method

1. Place all salad ingredients in a good size bowl for tossing
2. Place all the dressing ingredients in small jar and shake well
3. Serve immediately or cover and chill until ready to serve
4. Just before serving bring the salad ingredients with the dressing together then toss until mixed.