

# 10 Top Facts

## About Advance Care Planning (ACP) for people & their whānau

*E tino pūmau ana Te Hauora a Toi ki Te Tiriti  
o Waitangi me te hāpai i te hauora Māori.*

**Te Hōhipera o Tauranga 07 579 8000**  
**Te Hōhipera o Whakatāne 07 306 0999**

BOPDHB Design & Print Dept - Sept 2021



**tō tātou reo** 

---

 advance care planning

1

## Courageous talks are good talks

ACP requires lots of courage to think and talk with loved ones about important matters like your health plan & medical decisions for the future.

2

## Talking now and keep talking

It may not be easy but the more you talk, the easier it becomes. Keep at it – its important.

3

## Forever changing

Once your ACP is completed, it will change as life circumstances change. Always update if life situations require it.

4

## ACP is a GIFT – Taonga

Sharing your wishes with others is a gift – taonga for your whānau. Making copies and sharing your GIFT with people who you feel should have one is important.

5

## Working together for better outcomes

Talk with your health care team about your ACP. Leave a copy with the health clinic to be uploaded to your health file. Have a copy sent to the hospital and they will attach it to your NHI number.

6

## Upon arrival

Your ACP is ready and available if you are admitted to hospital. The doctors and nurses assigned to your care will have access to your ACP.

7

## Remind someone

Staff can become very busy during your hospital stay. Help them out and remind them you have an ACP and ask them to inform the ACP Project Manager.

8

## Your wishes have changed – no problem

While in hospital we can change or update your ACP. We will inform your GP via the discharge letter or through a transfer of care document of any changes. We can notify St John of any updates if you prefer.

9

## Activation

An ACP is activated when there is evidence to suggest your current state of health has clined considerably and you no longer have the capacity to talk for yourself. Under these circumstances your ACP will guide the medical team to carry out your wishes. These conversations will occur alongside your family & Enduring Power of Attorney (EPOA).

10

## Need to talk, need to know more?

There are several resources available at Health Quality & Safety Commission / Advance Care Planning ([hqsc.govt.nz](http://hqsc.govt.nz)).

Contact ACP Project Manager

[Lee.walters@bopdhub.govt.nz](mailto:Lee.walters@bopdhub.govt.nz)

M: 022 402 9066

